
Emotional Maturity of Degree College Students studying in different Government Degree Colleges of District Kathua of Jammu Province in relation to their Stream, Semester and Academic achievement

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Abstract- The purpose of the present study was to study the Emotional Maturity of Degree College students studying in different Government Colleges of District Kathua in relation to their stream, semester and Academic achievement. For the present investigation survey method under Descriptive method was used. For this purpose, investigator randomly selected selected 03 colleges out of 07 colleges. Out of these colleges, a sample of 186 students was randomly selected by using lottery method technique. To collect the required data for the present study Emotional Maturity Scale constructed and standardized by Km. Roma pal (1988) was administered on all subjects. The obtained data was analysed with the help of Mean, Standard deviation, Percentage analysis and Critical ratio or t-value. The result revealed that the majority of the students were found Emotionally unstable and majority of them are having average level of Academic achievement. Further, it can be highlighted that the Degree College Students are differing significantly in their level of Emotional Maturity in relation to their Stream, Semester and Academic achievement.

Keywords- Emotional Maturity, Stream (Arts, Commerce and Science), Semester (1st, 3rd and 5th), Academic achievement

INTRODUCTION:

Maturity is the ability to respond to the Environment in an appropriate manner. This response is generally learned rather than instinctive. Maturity also encompasses being aware of the correct time and place to behave and knowing when to act, according to the circumstances and culture of the society ones lives in (David Wechsler 1950).

According to Finley (1996), "Maturity is the capacity of the mind to endure an ability of an individual to respond to an uncertainty, circumstances or environment in an appropriate manner".

Emotional maturity refers to your ability to understand, and manage, your emotions. Emotional maturity enables you to create the life you desire. A life filled with happiness and fulfillment. You define success in your own terms, not societies and you strive to achieve it. Your Emotional Maturity is observed through your thoughts and behavior's.

NEED AND JUSTIFICATION OF THE STUDY

There are many researches that have been conducted on Emotional maturity with academic achievement, working and non-working mothers, Emotional intelligence, gender, self-concept and security-insecurity like Sarabjit Kaur (1984) studied in her thesis that, "Effect of intelligence and Emotional maturity on Academic Achievement of graduate level students" and concluded that there is somewhat significant difference exists among science and arts students with respect to intelligence and emotional maturity and Upadhyay & Upadhyay (2004) Conducted study on emotional stability and academic achievement of boys and girls at secondary level" at Ph.D. level and concluded that Boys are significantly emotionally stable than girls, There is no significant difference between boys and girls in academic achievement and there is no significant relationship between emotional stability and academic achievement of the students but the investigator has identified that there are only few researches conducted in district Kathua related to the emotional maturity of Degree College students in relation to their stream, Semester and Academic Achievement. Hence to study the

level of emotional maturity of Degree College Students on certain variables in the proposed study is very much needed and is quite justified.

STATEMENT OF THE PROBLEM:

- The investigator selected the problem for her research which is stated as:
“To Study the Emotional Maturity of Degree College Students studying in different Government Colleges of District Kathua in relation to their Stream, Semester and Academic Achievement”.

OBJECTIVES OF THE STUDY

Following were the objectives for the Present study:

1. To study the level of Emotional maturity of Degree College students.
2. To study the level of Academic Achievement of Degree College students.
3. To study the difference in the Emotional maturity of Degree College students in relation to their stream as below-
 - Arts and commerce • commerce and science • Arts and science
4. To study the difference in the Emotional maturity of Degree College students in relation to the Semester as below-
 - 1st and 3rd Semester • 3rd and 5th Semester • 1st and 5th Semester
5. To study the Emotional maturity of Degree College students in relation to the following levels of achievement
 - Above average and Average • Average and Below average • Above average and Below average
6. To Suggest the Educational Implications on the basis of conclusions drawn.

HYPOTHESES OF THE STUDY

Following were the Hypotheses for the Present Study:

1. There will be no significant difference in the Emotional Maturity of Degree college students in relation to their streams as given below-
 - Arts and Commerce • Commerce and Science • Arts and Science
2. There will be no significant difference in the Emotional Maturity of Degree college students in relation to their Semester as below-
 - 1st and 3rd Semester • 3rd and 5th Semester • 1st and 5th Semester
3. There will be no significant difference in the Emotional Maturity of Degree college students in relation to the following levels of achievement-
 - Above average and Average • Average and Below average • Above average and Below average

DELIMITATIONS OF THE STUDY

- To make a thorough study of the emotional maturity of Degree College students is quite difficult. It requires a very considerable period of time. So due to the shortage of time and the scope of study, present study has been delimited in terms of scope, area and sample:
- The study was confined to the Degree College Students Studying in Government Colleges of District Kathua, J&K.
- It was confined to the Students studying in Arts, Commerce and Science Streams.
- It was also delimited to the Students studying in 1st, 3rd and 5th Semester.

METHOD AND PROCEDURE METHOD :-

For the present investigation survey method under descriptive method was used.

POPULATION :- In the present study the Degree College students studying in Government Degree colleges located in District Kathua constituted the population.

SAMPLING :- For the present study sample of 186 students was selected through simple random sampling technique.

SAMPLING TABLE

| S.No. | Name of the College | 1 st Sem. | 3 rd Sem. | 5 th Sem. | Total |
|-------|--------------------------------------|----------------------|----------------------|----------------------|-------|
| 1. | GDC, kathua | 24 | 24 | 26 | 74 |
| 2. | GDC for women, Kathua | 19 | 19 | 20 | 58 |
| 3. | GDLM Govt. Degree college, Hiranagar | 18 | 18 | 18 | 54 |
| Total | | 61 | 61 | 64 | 186 |

Variables of the Study-The following variables were studied in the present investigation.

- **INDEPENDENT VARIABLES** – Stream (Arts, commerce and science)
– Academic Achievement – Semester (1st, 3rd and 5th)

- **DEPENDENT VARIABLES** –Emotional Maturity

TOOL EMPLOYED AND IT'S DESCRIPTION

TOOL USED :- Emotional Maturity Scale constructed and standardized by Km. Roma Pal (2012). There are 40 items related to 8 areas namely Emotional Unstability, Emotional Regression, Faulty social Adjustment, Lack of independency and flexibility and adaptability. The scoring procedure is very simple. 5 score is to be given to the statement of Strongly Agree, 4 to Agree, 3 to Moderate, 2 to Disagree, 1 to Strongly Disagree of each of the item of the scale.

CATEGORIZATION OF THE DATA

Categorization of Level of Emotional Maturity :-

TABLE

showing Mean and Standard Deviation of Academic Achievement

| Variable | Total no. of Students | Mean | standard Deviation |
|--------------------|-----------------------|--------|--------------------|
| Emotional Maturity | 186 | 130.70 | 2.69 |

- Emotionally stable will be greater than (M+1S.D) value i.e. 133.39
- Moderate will be between (M-1S.D) to (M+S.D) value i.e. From 128.01 to 133.39
- Emotionally unstable will be less than (M-1S.D) value i.e. 128.01

Categorization of Level of Academic Achievement :-

TABLE

Showing Mean and Standard Deviation of (S.D) of Academic Achievement

| Variable | Total no. of Students | Mean | Standard Deviation |
|----------------------|-----------------------|-------|--------------------|
| Academic Achievement | 186 | 74.76 | 2.77 |

- Above average will be greater than (M+1S.D) value i.e. 77.03
- Average will be between (M-1S.D) to (M+S.D) value i.e. From 72.49 to 77.03
- Below average will be less than (M-1S.D) value i.e. 72.49

STATISTICAL TECHNIQUES USED

In order to accomplish the objectives of the study and to test the hypotheses of the study the investigator used following statistical techniques:

- Mean • Standard Deviation • Percentage Analysis • Critical Ratio or t-value

FINDINGS OF THE STUDY LEVEL OF EMOTIONAL MATURITY :- The mathematical information related to the testing of Level of Emotional Maturity is indicated in the table below:-

TABLE
LEVEL OF EMOTIONAL MATURITY OF DEGREE COLLEGE STUDENTS

| Emotional Maturity | No. of Students | Percentage (%) |
|--------------------|-----------------|----------------|
| Unstable | 83 | 44.62% |
| Moderate | 33 | 17.74% |
| Stable | 70 | 37.63% |
| Total | 186 | |

Emotional Maturity of Degree College Students in relation to their Stream, Semester and Academic Achievement

| Hypothesis | Variable | No. of Students | Mean | S.D | t-Value |
|------------|----------------------|-----------------|--------|------|---------|
| 1.1 | Arts | 61 | 132.77 | 2.85 | 10.52 |
| | commerce | 62 | 127.72 | 2.36 | |
| 1.2 | commerce | 62 | 127.72 | 2.36 | 3.85 |
| | Science | 63 | 129.53 | 2.86 | |
| 1.3 | Arts | 61 | 132.77 | 2.85 | 6.48 |
| | Science | 63 | 129.53 | 2.86 | |
| 2.1 | 1 st Sem. | 61 | 133.37 | 2.46 | 4.08 |
| | 3 rd Sem. | 64 | 131.37 | 2.96 | |
| 2.2 | 3 rd Sem. | 64 | 131.37 | 2.96 | 4.23 |
| | 5 th Sem | 61 | 129.21 | 2.64 | |
| 2.3 | 1 st Sem. | 61 | 133.37 | 2.46 | 8.85 |
| | 5 th Sem. | 61 | 129.21 | 2.64 | |
| 3.1 | Above average | 84 | 133.09 | 2.91 | 0.55 |
| | Average | 28 | 132.75 | 2.67 | |
| 3.2 | Average | 28 | 132.75 | 2.67 | 6.84 |
| | Below average | 74 | 128.89 | 2.50 | |
| 3.3 | Above average | 84 | 133.09 | 2.91 | 9.76 |
| | Below average | 74 | 128.89 | 2.50 | |

SUGGESTIONS FOR FURTHER RESEARCH

- The present study was confined to Degree College Students only. It may under taken for higher Secondary and University students also.
- The present study was confined to Government colleges only. The same study may be conducted on students studying n private Colleges.

- This study can also be done on a large sample i.e., 1000.
- The present study was conducted on students only. The same study may be conducted on teachers also.
 - Many other psychological variables may be considered which may be related to the Emotional maturity besides the Stream, Semester and Academic achievement. e.g.; Social maturity, locus of control, Psychological Well-being, Self-confidence, Achievement motivation.
 - Emotional Maturity may be studied for those Professional students who are undergoing technical, Engineering and Management Courses.

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